

Dances devised by Olive Holmes

(Ainsdale & Southport Folk Dance Clubs)

AINSDALE GREEN

Dance written in September 2011 to mark the Club's 30th Anniversary

3 Couples Longways

A1	Dance a Morris Hey finishing with an extra change at the top
A2	1s (in the middle) –man up, down, lady up - for right hand stars - all back to back partner
B1	Hands 6 - circle left and right
B2	1s (in the middle) - right hand turn 1 st corner - left hand turn partner - leading to the bottom as 3s cast up.

Music - Abbott's Way (track 15) from Dancing musicians CLB 200501 played by Dave Yeomans and Caroline Bunting or any steady 3 x 32 bar reel.

CHETWYND

3 Couples Longways (Written to teach Morris Heys)

A1	With end couples casting and middles leading up - dance a Morris Hey
A2	1s - set and cast to middle and a 2 hand turn
B1	1s - man down - lady up - hey across the set with end couples
B2	1s cross in the middle and hey at the other end
C1	1s (in the middle) right hand turn 1 st corner - left hand turn partner
C2	Right hand turn 2 nd corner - half left hand turn partner leading to the bottom as 3s cast up.

Music - Ty Coch Caerdydd (track 17) from Walpole Cottage APCD 0202 played by the Assembly Players or any steady 3 x 48 bar reel.

THE PEDLAR'S ROUND

Square for 4 couples

(Written to commemorate my visits To Swaffham ie, the fable: The Pedlar of Swaffham).

Pt 1	A1 A2	Hands 8 - Circle left - face Partner - set and turn single Circle right - face partner - set and turn single
	B1 B2	Heads lead forward - star right and fall back to place Sides - the same
	C	Left hand turn your corner - right hand turn your partner
Pt 2	A1 A2	As in part 1
	B1 B2	Heads - right and left through - sides the same
	C	As in part 1
Pt 3	A1 A2	As in part 1
	B1 B2	Heads – ladies chain - sides - the same
	C	As in part 1

Music - Buzzard's Bay 20 (track 15) from Twickenham Ferry Played by the Assembly Players
or any 3 x 40 reel

Thornham Creek

Dance written to commemorate my completing the Norfolk Coastal Footpath in September 2010

Circle for 5 couples.

A1	All into the centre and out - face partner - take two hands – chasse two steps into the centre and two steps back
A2	Giving right hand to partner - balance forward and back and change places turning lady under. The same with the left hand
B1	Still facing your partner - a right hand turn and a left hand turn
B2	All chasse diagonally right and back finishing with your partner behind. Facing a new partner - step right and honour and open out into a circle

Music - Marianne's Waltz (track 10) from the Hoghton Band Collection (CD) 1 FECD 188 played by the Hoghton Band.

This track is 5 times through but as it is a circle dance, it can be done for as many as will with any 32 bar waltz